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*How to Bounce Back from Rejection*

The Bounce Back – Part 4

II Samuel 16:5-14 & 19:18-23

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Pastor Todd Schlechty

Q. How do you respond to rejection? How do you respond when someone turns against you? Insults you?

Dealing with Rejection:

II Sam. 16:5-8 *When King David came to Bahurim, behold, there came out from there a man of the family of the house of Saul whose name was Shimei, the son of Gera; he came out cursing continually as he came. 6 He threw stones at David and at all the servants of King David; and all the people and all the mighty men were at his right hand and at his left. 7 Thus Shimei said when he cursed, "Get out, get out, you man of bloodshed, and worthless fellow! 8 The LORD has returned upon you all the bloodshed of the house of Saul, in whose place you have reigned; and the LORD has given the kingdom into the hand of your son Absalom. And behold, you are taken in your own evil, for you are a man of bloodshed!"*  (NAU)

How do you respond to rejection?

1. Do you lash out in anger and just kill the guy?
2. Do you just give up?
3. How does the person of God respond to rejection?

Responding to Rejection:

1. Listen for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (V. 9-11)

II Sam. 16:9-11 *Then Abishai the son of Zeruiah said to the king, "Why should this dead dog curse my lord the king? Let me go over now and cut off his head." 10 But the king said, "What have I to do with you, O sons of Zeruiah? If he curses, and if the LORD has told him, 'Curse David,' then who shall say, 'Why have you done so?'" 11 Then David said to Abishai and to all his servants, "Behold, my son who came out from me seeks my life; how much more now this Benjamite? Let him alone and let him curse, for the LORD has told him.”*

1. Look for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (Vs. 12-14)

II Sam. 16:12-14 *"Perhaps the LORD will look on my affliction and return good to me instead of his cursing this day." 13 So David and his men went on the way; and Shimei went along on the hillside parallel with him and as he went he cursed and cast stones and threw dust at him. 14 The king and all the people who were with him arrived weary and he refreshed himself there.*

Matthew 5:11 *“Blessed are you when people insult you and persecute you, and falsely say all kinds of evil against you because of Me.”*

I Peter 2:20 *For what credit is there if, when you sin and are harshly treated, you endure it with patience? But if when you do what is right and suffer for it you patiently endure it; this finds favor with God.*

1. Remember \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (II Sam. 19:18-23)

II Sam. 19:18-23 *Then they kept crossing the ford to bring over the king's household, and to do what was good in his sight. And Shimei the son of Gera fell down before the king as he was about to cross the Jordan. 19 So he said to the king, "Let not my lord consider me guilty, nor remember what your servant did wrong on the day when my lord the king came out from Jerusalem, so that the king would take it to heart. 20 For your servant knows that I have sinned; therefore behold, I have come today, the first of all the house of Joseph to go down to meet my lord the king." 21 But Abishai the son of Zeruiah said, "Should not Shimei be put to death for this, because he cursed the LORD'S anointed?" 22 David then said, "What have I to do with you, O sons of Zeruiah, that you should this day be an adversary to me? Should any man be put to death in Israel today? For do I not know that I am king over Israel today?" 23 The king said to Shimei, "You shall not die." Thus the king swore to him.*

Point:

Doggy Bag: Something to take home and chew on! 

1. How do you respond to rejection? How do you respond when someone turns against you?
2. What does it feel like for you to be rejected or hated or insulted or embarrassed in front of your people? When have you felt knocked down and then piled on top of? Do you know what it is to be kicked when you are already down? What do you want to do in those situations?
3. When have you heard God’s voice through someone else’s attack?
4. When have you experienced God’s love/grace through someone’s attack?
5. How would you respond differently to the insult and rejection of the world if you were secure in whose you are?